

Teach children bicycle safety at an early age, and set the example by following safety rules! Page 2.

First Look

Holiday closures

On June 10 The Hillside Lanes Bowling Center will be closed. The Top of the Rock Club will be closed for lunch and dinner, but the lounge will open at 4 p.m. with the Bits & Bites menu.

Red Cross classes

The next babysitting course is from noon-6 p.m. June 11. The next first aid/cardiopulmonary resuscitation/automatic external defibrillator class is from 6-10 p.m. June 20-21. To register or for more information, call 2-3516.

Vet hours change

The Lajes Veterinary Clinic will be open only from 1-4 p.m. on Mon. and 8 a.m.-noon June 11.

Lodging number

Calling the Mid-Atlantic Lodge from off base is different from the rest of base - 54 instead of 57. The entire number is 295-54-5178. From on base, dial 2-5178.

MSS closure

The Mission Support Squadron will be closed from 10 a.m.-noon Wed. for the unit's Assumption of Command ceremony. This includes services in the Education Office, Family Support Center, Civilian Personnel Flight, Military Personnel Flight, Manpower Office and the American Red Cross.

Preflight

■ *Days since last DUI...* 45
 ■ *DUIs since Jan. 1* 2
 ■ *Current AEF* 5 & 6
 ■ *Current FPCON* Alpha
 ■ *Combat Nighthawk:*
1st Lt. Randy Pletzer,
65th Communications
Squadron; Master Sgt.
Roger Alves, 65th Air
Base Wing; Tech. Sgt.
Joseph Gilliland, 65th
Civil Engineer Squadron



(Above) Senior Master Sgt. Oakley Coleman, 65th Mission Support Squadron, critiques Kori Lance, women's first place winner in the Lajes Idol competition, on her singing during the event May 26 at the Top of the Rock Club. (Photo by Master Sgt. Michael Featherston)

Lajes packs in for local idols

**By 1st Lt. Aaron Wiley
 Deputy Chief, public
 affairs**

Lajes vocalists rocked a packed house May 26 as Team Lajes turned out to watch men and women compete for the title of Lajes Idol, third quarter.

Six men and six women competed to win in the male and female categories and although there was no record deal, there were prizes of a \$75 Army and Air Force Exchange Service gift card for first place, 25 euros for second and a \$25 AAFES gift card for third.

The winners were, for the men: Senior Airman Chad Goff, 65th Security Forces Squadron, first place, "Here and Now;" Tech. Sgt. Richie Bennett, 65th Operations Support Squadron, second place, "Piano Man;" and CJ Burdon, a cadet from Penn State University's Det. 720, "Jack and Diane."

For the women: Kori Lance, wife of Capt. Robert Lance, 65th Civil Engineer Squadron, first place, "Black Velvet;" Staff Sgt. Kami Demnyan, 65th Logistics Readiness Squadron, second place, "Total Eclipse of the Heart;"

and Lisa Gann, wife of 2nd Lt. Terry Gann, 65th Communications Squadron, "Crazy."

Participants not only had to brave the crowd, but had to stand and face the panel of judges who impersonated American Idol judges Randy, Paula and Simon.

Senior Master Sgt. Oakley Coleman, 65th MSS, played Randy and inducted his favorite competitors into the "Dawg Pound," while Master Sgt. Shannon Parker, 65th MSS, played a sweet and sassy Paula swooning over the male vocalists, and Col. Robert Winston, 65th Air Base Wing commander, played the painfully blunt Simon nitpicking the competitors apart down to the toe nail polish on one of the ladies' left pinkie toes.

While Colonel Winston admitted to never having seen the TV show, he did a great job as did all of the judges, said Tech. Sgt. Teresa Smothers, 65th MSS, who was Master of Ceremonies.

"If I didn't know any better I'd have thought Col. Winston was Simon himself," she said. "Sergeant Parker did an excellent Paula; she looked just like her, and I liked the way Sergeant Coleman kept referring to the 'Dawg

Pound,' Roof, Roof, Roof!"

Senior Airman Elsie Lengyon, 65th MSS, who won first place in the Lajes USAF Idol contest here in February and second place in the overall USAF Idol contest at Ramstein Air Base, Ge. in April, was in the audience cheering on the contestants.

Her favorite, she said, was Airman Goff, and she wasn't the only one who thought so. The ladies in the crowd went wild when Airman Goff serenaded Master Sgt. Felicia Lewis onstage during his performance of Luther Vandross' hit "Here and Now."

"It was good to see Chad perform again," Airman Lengyon said. "We were stationed in Guam together and used to perform together at base events."

That's where Airman Goff tried out and was selected for the Tops in Blue, the Air Force's premier entertainment troupe, she said.

Mrs. Lance, who shared the Lajes Idol title with Airman Goff, has been singing since she could talk having been raised by her

Teach children bike safety early

By Maj. John Roden
Chief, wing safety

The day you buy your child his first "big kid" bike.

The day you remove the training wheels and watch him pedal away on his own.

The day he heads to his friend's house without asking you for a ride.

These are milestones in the lives of parents and children. So much more than a toy, a bicycle represents independence for children.

Unfortunately, bicycles are more than a toy in another sense, too: they are associated with more childhood injuries than any consumer product except the automobile.

In 2001, 134 children ages 14 and under died in bicycle-related crashes and in 2002, more nearly 288,900 were treated in hospital emergency rooms for bicycle-related injuries.

That's why it's so important to teach bike safety to children as they enjoy their increased independence. Parents can greatly reduce the risk of injury and death to children simply by setting some limits. A single rule – wear a helmet – can reduce the risk of head injury by as much as 85 percent.

Children and helmets

Many children view helmets as undesirable to wear. There are also some things par-

ents can do to reinforce the importance of wearing helmets.

Set the example - wear one when riding a bike.

Always insist children wear their helmets.

Reward children for wearing helmets.

Bicycle safety rules

In addition to wearing a helmet to ensure safety, bicycle riders should abide by some simple safety rules. Following these rules can decrease the risk of injury:

Check bikes before riding to be sure the brakes, tires and other mechanical parts are in working order. Children should do this with the assistance of an adult.

Ride a bike that fits. Make sure feet can touch the pedals and easily reach the ground. If arms are extended fully to reach the handlebars, then the frame is probably too long. Likewise, if arms are bent more than 90 degrees, the frame is too short.

Don't wear loose clothing that may catch in the chain or wheels.

Always wear closed-toe shoes to avoid foot injuries.

When riding in the street, ride on the right side of the road in the same direction traffic is flowing. When riding with friends, ride single file - not side-by-side.

Always stop and look both ways before entering the street.

Headphones should not be worn while bik-

ing, as they block sounds of oncoming traffic.

Use hand signals before turning and follow rules of the road established for all vehicles, including bicycles.

Bicycle myths

Many parents have misconceptions about proper safety rules, including the following.

Myth: Children need bicycles that they can grow into. **Fact:** A bicycle that is too large can cause unnecessary injuries. When on a properly fitted bicycle, a child should be able to straddle the bicycle with both feet on the ground.

Myth: Children who want a ten-speed should be allowed to have one. **Fact:** Because young children have small hands, it's difficult for them to operate the hand brakes on ten speeds. Unless the ten-speed has hand brakes which are made for small hands, the child may need a bike with coaster brakes instead.

Myth: Because children only ride in their neighborhoods, there is no reason to worry. **Fact:** The majority of accidents happen near a child's home. In addition, a large percentage of fatal car/bike collisions happen on two-lane streets with speed limits less than 30 mph.

By correcting these misconceptions, children can begin to practice safe bicycling.

Focus notes

Combat education

A seminar on "Active Listening" is from noon-1 p.m. Wednesday in bldg. T-400, room 219.

June chapel events

All events are at the base chapel unless otherwise noted.

A canned food drive is at 10:30 a.m. Sunday.

A Catholic Men of the Chapel Mass and dinner is at 6 p.m. Wednesday.

Mass and End of the Year parish potluck is at 10:30 a.m. June 12.

The June single and unaccompanied member dinner is at 5:30 p.m. June 23.

The New Creation Café is open at 7 p.m. June 17 at Eddie's Place.

Men's Spiritual Leadership Training/Breakfast is at 8 a.m. June 18.

Children and Youth Movie Night is at 7 p.m. June 24.

Vacation Bible School runs June 27-July 1 at 8:00 a.m.

For more information on these events, call the chapel at 2-4211.



Contractors broke up the concrete road in front of bldg. T-100 in preparation for new asphalt. The road work should be complete within a week. During this time, people can access bldg. T-100 from the road that runs next to the Top of the Rock Club - the one-way road in front of bldg. T-122 will allow two-way traffic. This is part of a paving plan that included repaving the road from the bowling center to bldg. T-122 and the road from the TORC to bldg. T-100. The next phase will put new asphalt on the stretch of road from the walking gate down to the Flight View base exchange. (Photo by Capt. Yvonne Levardi)

Ceremony honors Lajes grads



Crossroads Staff

The following members of Team Lajes were honored in the education center's May 25 commencement ceremony for receiving a degree this year.

From the Community College of the Air Force, the following people received Associate in Applied Science Degrees: **Staff Sgt. Cheick Bah**, 65th Medical Support Squadron, Health Care Management; **Senior Master Sgt. Christopher Beckwith**, Det. 6 American Forces Network, Public Affairs; **Tech. Sgt. Warren Beckler**, 65th Comptroller Squadron, Logistics; **Senior Master Sgt. Melvin Capers**, 65th Air Base Wing, Information Management; **Staff Sgt. James Clanahan**, 65th Operations Support Squadron, Weather Technology; **Kurt Eibell**, 65th MDSS, Electronic Systems Technology; **Master Sgt. James Gross**, 729th Air Mobility Squadron, Logistics and Human Resources; **Staff Sgt. Divina Hernandez**, 65th ABW, Information Systems Technology; **Staff Sgt. Shawn Merritt**, 729th AMS, Aviation Maintenance Technology; **Senior Airman David Norwood**, 65th Communications Squadron, Electronic Systems Technology; **Master Sgt. Kurt Uelmen**, 65th Logistics Readiness Squadron,

Transportation; **Tech. Sgt. Stephen Wilkerson**, 65th OSS, Munitions Systems Technology; and **Senior Airman Derrick Woodard**, 65th MSS, Human Resource Management.

From Embry-Riddle Aeronautical University: **1st Lt. Scott Denny**, 65th OSS, Master of Aeronautical Science; **Tech. Sgt. Mark Hopkins**, 65th OSS, Bachelor of Science Professional Aeronautics; and **Staff Sgt. James Holzer**, 729th AMS, Bachelor of Science Professional Aeronautics.

From University of Maryland University College: **Brandi Boden**, Bachelor of Arts, History; **Felicia Brannan**, 65th MDOS, Associate of Arts, General Studies; **Melinda Casey**, Associate of Arts, General Studies; **Hayley Kogler**, Bachelor of Science, Psychology; **Dana Reil**, Associate of Arts, Business Management; and **Staff Sgt. LaTrise Wallace**, Associate of Arts, General Studies.

Receiving a Master's of Human Relations from the University of Oklahoma: **Amy Allen**, Department of Defense Dependents Schools; **Mary Buxton**, 65th MDOS; **Dacia Francis**; **Kalina Hill**, 65th MSS; **Capt. Carla Lugo**, 65th SVS; **1st Lt. Randy Pletzer**, 65th CS; **Terra Schellig**, 65th MSS; and **Else Wingert**, 65th MSS.

(Above) **Staff Sgt. LaTrise Wallace**, 65th Communications Squadron, waits with other graduates to receive their diplomas during the graduation at the Top of the Rock Club May 25.

(Right) **Senior Airman David Norwood**, 65th CS, is congratulated for receiving his Community College of the Air Force degree by **Senior Master Sgt. David Montano**, 65th Medical Group superintendent. Thirty-six current and former members of Team Lajes were recognized or given their Associate's, Bachelor's or Master's degrees from the CCAF, University of Oklahoma, University of Maryland University College and Embry-Riddle Aeronautical University at the ceremony. (Photos by Airman 1st Class Josie Kemp)



Recycling causes identity theft concerns

By 1st Lt. Andrew Ignash
2nd Air Postal Squadron

An initiative to combat litter at U.S. Air Forces in Europe post offices may be allowing potential for identity theft.

Over the past few years, USAFE postmasters have had great success combating litter problems with post office recycling bins; now, however, there is a concern that these same recycling bins are allowing access to personal identifying information.

"I have seen people throw away bundles of unopened mail after they return from deployment," said Mr. Steve Waller, 2nd Air Postal Squadron official mail manager. "That mail can contain bank information, credit card applications, and all sorts of details that you

don't want people to know."

Identity theft is one of the fastest growing crimes in the United States, which has led to increased attention from financial institutions, law enforcement officials, and consumers. The problem is that mail inherently contains personal information, and that Airmen aren't as careful as they should be when they discard their mail.

"Dumpster diving won't stop, so individuals should remember they are the first line of defense, and it is their responsibility to properly dispose of items containing personal information," said Mr. Waller.

One way to ensure your information is not easily obtained is to open and screen your mail at home. You should also use a cross-cut shredder. Anything with

your identifiers should be shredded before being thrown away.

"We would like to remind people that they should not put private information in any public receptacle," said Master Sgt. Tracy Jones, the squadron's postal operations superintendent.

Although identity theft may seem like a minor crime, a victim may have out-of-pocket financial losses and additional costs associated with trying to restore his or her economic reputation.

"It is important that we all work together to ensure identity theft doesn't occur," said Mr. Waller. "Use your best common sense to ensure that you don't become a victim."

For more information on protecting yourself from identity theft, contact officials at the local security forces office.

IDOL, Page 1

mother, a music minister, she said.

She was in her first church musical at just 5 years old, performed at AtlantaFest1998 as a senior in high school and numerous rodeos during and after college. She shares her talents now as a member of the Azorean Baptist Church's praise band.

"I love to sing, it's a different world when you're up there and people actually like what your doing," Mrs. Lance said. "(But it was) a little embarrassing that the wing commander noticed (my) chipped nail polish."

Although both of these talented vocalists missed the USAFE Idol contest due to other commitments, Thursday's contest showed that Lajes' talent runs deep.

Sold!

Danielle Keiler, wife of Master Sgt. James Keiler, 65th Medical Support Squadron, unrolls prints for the African-American Art Expo, sponsored by the African-American Heritage Committee as a fundraiser for local scholarships. Eighteen framed pieces and a wide variety of prints were up for bid in a silent auction and other prints were available for sale. (Photo by Master Sgt. Michael Featherston)



Share concerns with safety office

By Tech. Sgt. Bill Rathbun
Wing Safety Office

Prevention of injuries requires a good communication system. Part of this communication system must include a review of accidents and communication of the findings to prevent that accident from happening again.

The second critical part of communication is the reporting and correction of hazards, unsafe acts, accidents, close calls and unsafe conditions. Accidents don't just happen without reason. They are caused by unsafe working conditions and unsafe actions. These can be observed and corrected.

Observing and reporting unsafe conditions and activities is everyone's responsibility because hazards and their outcomes potentially affect everyone. The safety inspectors can't be everywhere, so everyone must become a safety inspector.

Everyone also has opportunities to come up with solutions to safety problems. Often the best answers are the simple, straightforward kind, which are created by the workers

involved.

Do you know who to talk to if you have a safety concern? Hazardous conditions or acts should be communicated to the safety supervisor, your immediate supervisor or discussed at your regular safety meeting.

Watch for these safety hazards, and be prepared to talk about them:

A work area which is cluttered and dirty because of poor housekeeping practices.

Improper lifting, moving and storage of materials.

Failure to use personal protective equipment (PPE) required for the job, such as safety eyewear, footwear, gloves, a hardhat, or fall protection gear.

Careless use and storage of chemicals and flammable liquids.

Failure to protect against contact with moving machinery using machine guards and lockout procedures.

Makeshift repairs on equipment such as electrical tools.

Horseplay and practical jokes which endanger co-workers.

Reckless or careless driving.

Eyewash stations not properly checked or clear for usage.

Blocked emergency exits and fire extinguishers.

Poor security arrangements.

Prevention of accidents, injuries and close calls requires that they be reported and corrected – even if they appear trivial to you. Reporting shouldn't be done to place blame; what's important is getting care for the injured person, determining how to correct the issue and to prevent the problem from recurring.

Everyone can contribute to the safety program. Experienced workers have learned a lot about safe work practices and recognizing hazards. New workers bring a fresh perspective and tend to notice things that others may take for granted.

Safety takes communication. See the solutions and share your safety concerns with your supervisor and your co-workers. Everyone will benefit by a safer workplace. To report a safety hazard please contact the 65th Air Base Wing Safety Office at 2-5079.

Carnival entertains kids of all ages

**By 1st Lt. Aaron Wiley
Deputy Chief, public
affairs**

Lajes' families enjoyed pleasant weather, food and fun Friday

night at the Lajes Youth Program-Parent/Teacher Organization's Annual Spring Carnival at the Lajes Youth Center.

About 35 junior and senior

high school students along with 20 adult volunteers helped the LYP-PTO run concessions, booths and games including a tug-of-war, dunk tank, jump castle, three legged-races, sack races, a football toss and face-painting during the LYP's annual event that brought in over \$1,100.

About 300 children and adults traded in tickets they'd bought to participate in each of the day's events and were rewarded with tickets they could redeem for prizes at a prize table.

"I really enjoyed the carnival, and so did all five of my kids," said Cynthia Najdawi, PTO secretary. "It's rare that our family has gone to the same event where everyone from my 1st grader to my junior in high school enjoyed themselves the whole time we were there."

Mrs. Najdawi also mentioned that it wasn't just the carnival she was impressed with, but that she's noticed a lot of positive changes taking place at the LYP. Her children have also taken notice and really like the things the staff at the LYP is doing, she said.

According to Laura Niswonger, pre-teen coordinator at the youth center who, along

with the PTO, put the carnival together, the Lajes Youth Program is growing and getting stronger, and people are starting to notice a difference.

"I felt that the event went really well and the community was great in helping with this event," said Mrs. Niswonger. "I was surprised so many people came out to enjoy the carnival."

The PTO was going to have a Spring Carnival too, so they decided to have the carnivals together, she said, in hopes of a bigger turn out. This is the first time the two organizations have done anything together.

The LYP - PTO combo's main goal was for the children to have a great time, Mrs. Niswonger said, a goal they seem to have achieved.

She hopes the same kind of support will be given to the upcoming LYP Summer Day Camp for children 5-12 years old. She said parents can sign kids up for a week at a time if they'd like and the LYP staff will even pick up children from summer school and bring them to the LYP for the summer program. For more information on upcoming events and the Lajes Youth Program, call 2-3273.



Kelly Knight helps Jacob Wiley throws a ball at Heidi Fillmore, in the dunk tank, during the Lajes Youth Program/Parent Teacher Organization Spring Carnival Friday. About 300 children and adults attended the festivities. (Photocourtesy of the Lajes Youth Center)

At Their Best

Congratulations on the following members of Team Lajes for their promotions in June:

To airman 1st class: **Robyn Foster**, 729th Air Mobility Squadron; **Laura Hartley**, 65th Communications Squadron.

To senior airman: **Kevin Kite**, Det. 6 Air Force News Agency; **Jonathan Myers**, 729th AMS.

To staff sergeant: **Johanna Kelly**, 65th Civil Engineer Squadron; **Kurt Lugar**, 65th Security Forces Squadron; **David McQuistan**, 65th CES; **Nicholas Rorie**, 65th CS; **Ana Valenzuela**, 65th Mission Support Squadron.

To technical sergeant: **Vector Byrd**, 65th Medical Operations Squadron; **Rebecca Chi**, 65th CES; **David Beyer**, 65th Operations Support Squadron.

To master sergeant: **Ronald Brooks**, 729th Air Mobility Squadron; **Andrew Henne**, 65th CES; **Michele McCullough-Cruz**, 65th Logistics Readiness Squadron.

To senior master sergeant: **Jimmie Davis Jr.**, 65th SFS.

To captain: **Scott Denny**, 65th OSS; **Donald Crabtree**, 65th CES.

Asian treats

Master Sgt. Cristina Dixon, 65th Mission Support Squadron, and Maui Martin, make lumpia at the commissary May 27 as part of a demonstration for Asian-American Pacific Islander Heritage month. They also offered tastes of kim chee and a curried chicken dish for free, courtesy of the Commissary. The Asian-American Pacific Islander Association also hosted a booth and a martial arts demonstration during Community Appreciation Day, read at the library and sponsored an "Aloha Aerobathon" at the fitness annex May 25. (Photo by Capt. Yvonne Levardi)



Study investigates Airmen's health

An ongoing Department of Defense health study will ultimately examine health surveys submitted by servicemembers throughout 20 years.

The joint-service Millennium Cohort Study will evaluate the health risks of military deployments, occupations and general military service, said Navy Cmdr. (Dr.) Margaret Ryan, director of the DoD Center for Deployment Health Research in San Diego.

Enrollment for the study began in 2001, and close to 100,000 servicemembers have enrolled since then, including active-duty and reserve components. Of those, more than 20,000 participants are Airmen.

Participants are selected and asked to complete a survey every three years through 2022.

To make participation as effortless as possible, respondents have the option of completing either online surveys or paper surveys that arrive in the mail.

Although enrollment has been hampered by deployments supporting operations Enduring Freedom and Iraqi Freedom, it is increasingly important for servicemembers to respond to study invitations during these periods, DOD health officials said.

Results have already led to a better understanding of the general health of servicemembers, while future studies will focus on specific disease outcomes and multisymptom illnesses, officials said.

Charity via MPS is prohibited

Each year, the Department of Defense plays a huge role in delivering relief supplies and assisting in relief operations all over the world. For individuals overseas that want to contribute, the problem is getting the package where it needs to be.

However, the military postal service is not an option,

according to U.S. Air Forces in Europe postal officials. Sending charitable contributions through the Air Mobility Command or through MPS is prohibited.

In Europe, organizations within USAFE raised money and supplies for the victims of the recent tsunami. The only problem was getting the items to the victims without using the Military Postal System, said Matt Haacker, USAFE Postal functional area manager.

"These commendable efforts and the spirit behind them are extremely noteworthy," said Mr. Haacker. "However, when the charity includes sending donations via mail, we must stop and follow the authorized delivery methods."

The DoD is prohibited by law to provide airlift to non-DoD activities, according to Robert Eichholz, from the Air Force Director of Communications Operations office.

This means organizations and people authorized to use MPS cannot serve as intermediaries for any person or organization not specifically authorized such service.

Because there is postage on a package or it's being sent MPS doesn't mean the mailing is paid for, said Mr. Haacker. The postage applied to mailings only applies to movement while in the possession of the U.S. Postal Service.

"A 20-pound box going to Chicago will cost approximately \$25 in postage," he said. "That postage defrays transportation costs from the gateway at New York to Chicago. All remaining transportation costs from a military base to New York are at DoD expense."

DoD spends more than \$73 million moving mail between U.S. gateways and military locations worldwide every year, said Mr. Eichholz.

"The most expensive is movement to Southwest Asia in support of Operations Enduring Freedom and Iraqi Freedom," he said. "Lack of commercial lift in the theater reduces the commercial mail potential."

"Because of that, we must buy contract airlift from companies that are operating in

that area," he added. "This is a very expensive option. A round-trip cargo flight between New York and Kuwait costs the DoD approximately \$395,000 per flight."

Items mailed MPS also cost the DoD, Mr. Haacker said. For example, if 2,000 pounds of goods were shipped MPS via Air Mobility Command from Ramstein Air Base, Germany to Bagram AB, Afghanistan, the bill from AMC would exceed \$7,000.

"No one moves anything for free," Mr. Haacker said. "For this reason, only authorized personnel may use the MPS. Any other use could be considered misuse of taxpayer dollars."

Injured troops relearn living skills

"It smells good in here already," a visitor to "Fort Independence" said as she walked into the kitchen where amputees sharpen their culinary skills at Walter Reed Army Medical Center.

Fort Independence is a mock apartment set up in the hospital's occupational-therapy department to train newly disabled patients how to cook, get around an apartment safely, clean and do other skills they need to relearn in order to live alone after being discharged from the hospital.

What the visitor smelled was, "my grandmother Fairbanks' pot roast recipe," said Marine Capt. Jonathan Kuniholm, who lost part of his right arm Jan. 1 when an improvised explosive device exploded while he was on foot patrol in Haditha, Iraq.

Captain Kuniholm said cooking classes for amputees is "a great idea."

"It's a good way to get people to test their skills or learn some new skills in preparing food," he said. "It's also a good way for all the patients to get to know each other a little bit better."

While the aroma of Captain Kuniholm's grandmother's pot roast permeated the kitchen, Army Sgt. Robert Blikle used his right hand to push a potato down on two nails to steady it

on a chopping board. He used a vegetable peeler to peel one side, then turned it over, stuck it back on the nails and peeled the other side.

Sergeant Blikle was using only his right hand because an improvised explosive device blew off his left hand in Iraq in March. He also suffered shrapnel wounds to his head and on his right arm.

Trish Autery watched silently as her son, Marine Lance Cpl. Ryan Autery, 20, used his prosthetic hand to hold a piece of potato while he cut it with his other hand.

"Since I just got my (prosthetic) arm, I'm learning things slowly," Corporal Autery said. "I'm trying to integrate using my prosthetic arm, but cutting potatoes was kind of difficult because they were wet and slippery."

The three servicemen prepared pot roast, mashed potatoes and steamed broccoli. Normally four to seven patients attend cooking classes at Fort Independence.

The kitchen is outfitted with a stove, microwave, dishwasher, washer and dryer, irons and ironing boards. The mock apartment is also outfitted with a bedroom, bathroom and living room with a television, computer and other amenities.

Kristi Say, an occupational therapist, said their biggest goals at Fort Independence are trying to increase the amputees' independence and safety.

"This isn't really teaching them to cook, but more so retraining," she said.

Ms. Say said they also have to make a bed, do laundry, and fold clothes and towels.

"In the bathroom, they have to show us that they can safely and independently get in and out of the bathtub, on and off the toilet," she said.

"We're using their prostheses with real-life tasks that they'll do when they leave here," said Army Capt. Jon Verdoni, who is in charge of the amputee section of the occupational therapy department. "It doesn't get more real than this."



COMMENTARY

A brother's lesson in drug abuse

By Col. Robert Winston
65th Air Base Wing commander

It was Saturday morning, May 5, 1995, when the police told me my brother was dead. They told me over the telephone and were very cavalier about it. But I understand why they were so callous. My brother had died of a heroin overdose, and they probably figured I was a junkie too.

I came from a normal Air Force family. My brother, Tony, and I grew up on Air Force bases and loved riding our bikes down to the flightline to see the planes. All of our friends were Air Force brats and most dreamed of one day becoming pilots.

But when my brother was 14, he went to a Grand Funk Railroad concert with some friends and smoked his first marijuana joint. Most of his friends were smoking the stuff, and he just wanted to be part of the crowd. It was a decision that destroyed his life.

My parents told us about the dangers of drugs. The schools educated us all about how drug use could ruin your future. But he must have listened to his peers who said not to worry, he couldn't get addicted to pot.

Tony liked the pot and continued to smoke it and started experimenting with

other ways to get high. Tony's grades in school started slipping. He began to become a discipline problem. The only thing he cared about was getting high. Drugs became the center of his life.

My parents tried everything they could to stop my brother. Family meetings, church counseling, professional counselors and boarding school couldn't pull Tony away from the drugs. When he turned 18, he dropped out of school. About this time he started using heroin.

Tony married, had three children, abandoned his family, drifted, remarried, had another child, then abandoned them. One doesn't have time for such trivial things when one is a junkie.

I have no idea how many other people's lives were ruined by the drugs my brother sold to help support his habit.

He stole thousands of dollars from my parents on two different occasions to buy drugs. I hate to think of what Tony must have done to support his heroin habit, but he was hooked and couldn't stop.

Despite all this, we loved my brother. He really was a nice guy. Tony knew he was destroying himself and hurting all those around him, and he was miserable. We never stopped praying for him. My parents sent him twice to detoxification

hospitals to kick the habit. But he couldn't kick the habit. I really don't think it's possible to stop once you are hooked on heroin.

On the night my brother died, he drank a bottle of Sour Mash, took some despondent pills, then put the needle in with the venom that took him from us. He was found sitting on the toilet, cold. Not a very dignified end. It all started with that first joint that ensured acceptance from the gang.

For the young readers, my message is just don't do it. What you may think is a harmless experiment will become the first nail in your coffin. Marijuana use is the first step. Just say no. Dump any friends who offer you drugs. You don't need to hang out with losers like that.

Parents need to watch their children. Who are their friends? Who are their heroes? What are the words of their favorite music saying? How is their behavior and school performance? Do whatever it takes to keep your children away from drugs.

To my fellow Airmen, my message is that I will not tolerate any illegal use of drugs. I will do everything in my power to put drug users away, and take pleasure in doing so.

Commander's Line

e-mail: ccline@lajes.af.mil

call: 2-4240

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems - but when that's not the answer, call or e-mail the CC Line.

Thank you!

Col. Robert Winston
65th Air Base Wing commander



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Embrace change with a positive attitude

By Maj. Kevin Payne
435th Communications
Squadron

RAMSTEIN AIR BASE, Germany — We've all heard the saying "the only thing constant is change."

Despite the fact that change is always occurring around us, some people don't like change and often resist it as much as possible.

Resistance can easily evolve into negative behavior that affects performance. Even worse, negative behavior can become contagious and spread through a unit affecting co-workers.

Adapting to change is essential for a unit to maintain high morale and to effectively accomplish the mission.

When I entered the Air Force in 1992 after the Cold War ended, a massive

military manpower reduction was underway and large reorganizations were taking place. Thirteen years later, we can easily see that those changes to our force structure were necessary.

For example, integrating the Strategic and Tactical Air Commands into the Air Combat Command was a smart move to better integrate combat operations. During that transition, however, there were many skeptics and a lot of uncertainty.

Unfortunately, it's hard to always embrace organizational change while it is occurring because most of us don't want to modify our work environment.

But, change happens. The Air Force must change the way it organizes, trains and equips its Airmen in order to adapt to changing threats, political climate and technology. Unit reorganizations, force shaping and base closures may appear

negative at first but, given time, the benefits shine through.

We must not only adapt quickly when a change occurs but also learn to see it coming.

This is why companies that foresee the changing economic market and respond to it succeed, whereas companies that refuse to change ultimately fail.

The Air Force and major commands, like U.S. Air Forces in Europe, will continue to reorganize in order to better accomplish the mission.

We need to look at the overall benefits that the change brings and do our part to ensure its implementation occurs as seamlessly as possible.

Embrace change with a positive attitude. Working together as a cohesive team will ensure our continued success as the world leader in air and space power.

Everyday Hero Machi Moore

Time with the Air Force: Almost 17 years

Time at Lajes: 1 year, 9 months

Spouse/children: Master Sgt. Chris Moore, Tanisha 14 & Jayce 11

What's the best aspect of being a volunteer: I like to see people happy and helping them be a part of the team.

Best Air Force experience: Tour escort at Kadena ITT office...I got to visit several unique places

Most interesting volunteer experience: I'd have to say teaching the Sushi class at the FSC was the most interesting.

I have never taught a class that big before.

Life goal: Travel as much as possible.

Hometown: Okinawa, Japan

One word to describe you: Honest

Hobbies: Cooking & travel

Favorite food: Seafood

Favorite color: Blue

Pet peeve: Dishonesty

No one knows I/I'm: have no hidden secrets

When I was growing up, I wanted to be: an Accountant

If I could have only one kind of food, it would be: real

Seafood...sashimi/sushi

The first thing I would do if I won a \$1,000,000 is: Buy a home & travel



First shirts live service before self

By Senior Master Sgt.
David Montano
65th Medical Group
superintendent

I'm positive if you look up "service before self" in the dictionary, it will say see First Sergeant. These individuals readily take on challenges with little if any regard to their own needs.

Great organizations are synonymous with having great first sergeants, and that's not by accident. As a medic, I've worked very closely with first sergeants during the last 21 years.

I can't tell you how many I've called, in the middle of the night, regarding an accident and or illness that they needed to be aware of. Yes, I've seen first sergeants come in during all hours of the night, during some of the most horrible circumstances.

My relationship with first ser-

geants recently changed. You see, I had to call my own first sergeant on a matter affecting the safety of my wife and family.

For the first time in 21 years I was depending on them to take care of my wife and three children.

My first sergeant, Master Sgt. Wayne Baker, immediately took ownership of our concerns. Within 30 minutes of my phone call he had contacted another first sergeant, Master Sgt. Christopher Moore, and established a "by the numbers" approach that addressed all of our fears and concerns.

From my perspective, it appeared that Sergeant Baker's and Sergeant Moore's priorities were the safety of my family. According to them, it was just part of their job.

Each of our first sergeants' scope of responsibility extends

far beyond what I can speak to in a few paragraphs. In the case of my family, they proved vital. These first sergeants visited my house on numerous occasions; they regularly called asking if we needed any assistance and always put my family's needs before theirs.

Both of these first sergeants are married and have children but even though they had their own responsibilities; I was absolutely taken with their level of vigilance concerning the needs of my family.

Let me give you one more example of service before self. Recently Sergeant Moore called my house at 8 p.m. to ask if it was OK to come over and speak with my family and me. He had just gotten home to his wife and children. His wife had prepared the family dinner several hours earlier. He was supposed to be

home around 6 p.m., but duty called and again he missed another family dinner — then continued dedication put him on the phone to me.

I honestly couldn't believe his level of commitment. I guarantee if you ask any first sergeant, they would just say it's all part of the job.

I'd like each of you to know that our first sergeants live these scenarios every day. Readily, at any hour you can pick up the phone and know that your Shirt is there for you and your family.

They have the tools and know how to take on just about any situation.

They are our advocates, ready to take ownership in solving any scenario.

There's a reason why first sergeants wear diamonds: It reflects what the shirts are — distinctive, brilliant, cherished and the hardest of all gems.

Outdoor sites numerous on Terceira

Terceira Island has several pleasant leisure spots where one can either swim, camp or just have a picnic with family and friends.

Here are some of the most popular areas that can be used, especially during the summer months:

- **Praia beach** is the largest sandy strip on the island and is located about five minutes east of the base.
- **Porto Martins'** natural swimming hole has a tiny strip of sand that can be used by children. A separate sunbathing area includes a slide into the water and a diving board. It is located 15 minutes from the base.
- **Salgueiros** is a nice setting for swimming, free camping and picnics. It's located five minutes further down the same road as Porto Martins
- **Salga Bay** located in the town of Porto Judeu is both a swimming area and a well-maintained camping site.
- **Silveira** is another well-known swimming area located on the west side of Mount Brazil near Angra.
- **Negrito**, also a swimming area, is located off the main road in São Mateus, the town after Angra.
- **Cinco Ribeiras** is located about 10 minutes past Negrito and features a small sunbathing area and a camping site.
- **Biscoitos'** natural swimming hole, located in the town with the same name, is probably one of the most well-liked areas on

the island. A modern camping site is being constructed next to it and should be complete in July.

• **Quatro Ribeiras** and **Vila Nova** swimming areas are each located in their respective towns.

Some of these areas will have a lifeguard or a watchman from June through the middle of September.

When swimming in the areas listed above, pay close attention to the different colored small flags flying nearby. The flags indicate the swimming or wading conditions in those areas.

Green flags mean ocean conditions are favorable for wading or swimming. A yellow flag means it's dangerous to swim although it's still okay to wade, and the red flag means it's dangerous to wade or swim. Finally, checkered flags indicate there's temporarily no lifeguard or watchman. The latter may also fly in conjunction with other flags during exceptional and emergency situations.

Also, please be aware that some areas – like Praia beach – only have watchmen who are not necessarily qualified as lifeguards. Some of them are hired to watch over beach activities and to make sure users comply with the rules.

In addition to these mentioned areas, there are other camping grounds and picnic spots. One of the authorized camping sites is the **Mata da Esperança**, a forest area located between the highway to Angra and



Cabrito. This is the only area under the jurisdiction of the Regional Forest Services. Camping there is free of charge and bonfires are allowed as long as people take necessary precautions to prevent forest fires.

Although some people camp in places like Duck Lake, this is just a picturesque picnic area and is not an authorized camping ground, according to the forest services.



(Above) Praia Beach is the largest sandy strip on the island. In the summer, many people visit the beach and local cafes are open late into the evening. The city also sets up a stage to host evening music shows near the beach. Praia Fest takes place centered near the beach the first week of August.

(Right) Salgueiros is an area for swimming, camping and picnicking near Porto Martins and Sao Sebastiao. If you're interested in camping, though, get there early - space fills up fast. (Photos by Capt. Yvonne Levardi)





All tied up

(Above) Aristotle Munoz, 65th Logistics Readiness Squadron, moves to intercept Nuno Silva from the combined 65th Services Squadron, Mission Support Squadron, Wing Agencies, Comptroller Squadrons/Operations Support Squadron team in their match May 26. The game ended in a 5-5 tie. (Right) SMAC-O's Joao Grillo pushes the ball toward the goal as he outpaces LRS's Sydney Knuebuhl. (Photos by Master Sgt. Michael Featherston)

Sports briefs

Standings

Intramural Softball

Team:	W	L	T
SFS	4	0	0
CES#1	4	0	0
LRS	3	1	0
COMM	3	2	0
AMS	2	3	0
SMAC	2	3	0
CES#2	1	3	0
OSS	1	4	0
Med Gp	0	4	0

Co-ed Softball

Team:	W	L	T
CES	2	0	0
LRS	2	1	0
Med Gp	1	2	0
AMS	0	2	0

Ladies' Softball

Team:	W	L	T
COMM	3	1	0
CES/SFS	2	2	0
Med Gp/AMS	1	3	0

Intramural Soccer

Team:	W	L	T
CES	2	0	0
OSS/SMAC	1	0	1
AMS	0	2	0
LRS	0	1	1

Medics fall to badges



Geraldine Flowers, 65th Medical Operations Squadron, pitches for the 65th Medical Group women's softball team during their game against the 65th Civil Engineer/Security Forces Squadrons' combined team May 31. CES/SFS won the game 27-15. (Photo by Airman 1st Class Josie Kemp.)

PLANNER

Meal time

Burger King: 7 a.m.-11 p.m. Mon.-Thu.; 7 a.m.-12:30 a.m. Fri.; 8 a.m.-12:30 a.m. Sat.; 8 a.m.-9:30 p.m. Sun.

Frank's Franks: 11 a.m.-6 p.m., Tues.-Sat.

Oceanview Island Grill: Lunch 11 a.m.-11 p.m. Mon.-Sun. Specials, with fries or salad & drink: Mon., roasted chicken or meatball sandwich; Tue., 16" 2-topping pizza; Wed., fried shrimp; Thu., 16" 1-topping pizza or taco salad; Fri., lasagna. Pizza specials only come with drinks.

Subway: 10 a.m.-9 p.m. Mon.-Fri.; 10 a.m.-8 p.m. Sat.; noon-6 p.m. Sun.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m. Mon.-Fri.; brunch 8:30 a.m.-noon Sat.; dinner 5-9 p.m. Tue.-Sat. Lunch buffets & specials: Mon., Southern buffet, traditional club sandwich, chef salad; Tue., Mexican buffet, rancho burger, chicken fajita salad; Wed., Italian buffet, meatball sub, chicken Caesar salad; family dinner buffet; Thu.,

Oriental buffet, beef stir-fry sandwich, mandarin chicken salad; 2-4-1 steak night; Fri., seafood buffet, fish sandwich, tuna salad; Prime & Wine dinner; Hoof & Fin dinner special.

Chapel

Daily Mass: 11:30 a.m. Tue., Thu., Fri., 1st & 4th Wed.; 6 p.m. 2nd & 3rd Wed.

Monday
Protestant women's bible study 7 p.m.

Tuesday
AWANA 6 p.m.

Wednesday
Women's bible study 9:30 a.m.; Protestant men's/women's lunch/study noon; Catholic choir practice 5 p.m.; Protestant youth bible study 5:30 p.m. T-1412A; traditional choir practice 6 p.m.; hand bell choir practice 7 p.m.

Thursday
Gospel choir practice 7 p.m.

Sunday
Protestant Celebration of Holy Communion 8:30 a.m.; Protestant traditional service 9

a.m.; Protestant Sunday school 10:30 a.m.; Catholic Mass 10:30 a.m.; Protestant Gospel service & fellowship noon; Protestant teens/youth 6 p.m.

Base services

Barber shop: 8:30 a.m.-6 p.m. Mon.-Fri.; 8 a.m.-4:30 p.m. Sat.

Beauty shop: 10 a.m.-6 p.m. Tue.-Sat.

Child development center: 7 a.m.-5:30 p.m. Mon.-Fri.
Community activities center: 10 a.m.-8 p.m. Tue.-Sat.; noon-5 p.m. Sun.

Commissary: 10 a.m.-6 p.m. Mon.-Wed., Fri., Sat.; 10 a.m.-7 p.m. Thu.

Chace Fitness Center: 5 a.m.-midnight Mon.-Fri.; 8 a.m.-7 p.m. Sat., Sun.

Dry cleaners: 9 a.m.-1 p.m. Mon.; 10 a.m.-6 p.m. Tue.-Fri.; 10 a.m.-4 p.m. Sat.

Flight View BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun. & Portuguese holidays

Gas station: 10 a.m.-5 p.m.

Sun., Mon. (gas only); 10 a.m.-6 p.m. Tue.-Sat.

Library: 4-9 p.m. Mon.; 10 a.m.-9 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri.; 10 a.m.-5 p.m. Sat., Sun.

Manicure shop: 10 a.m.-6 p.m. Tue.-Sat.

New Car Sales: 10 a.m.-6 p.m. Tue.-Wed.; noon-8 p.m. Thu.-Sat.

Ocean Front BX: 10 a.m.-6 p.m. Mon.-Wed.; 10 a.m.-8 p.m. Thu.-Sat.; 10 a.m.-5 p.m. Sun.

Outdoor recreation: 10 a.m.-7 p.m. Tue.-Sat.; 11 a.m.-7 p.m. Sun.

PFCU: 11 a.m.-4 p.m. Mon.-Thu.; 11 a.m.-5 p.m. Fri.

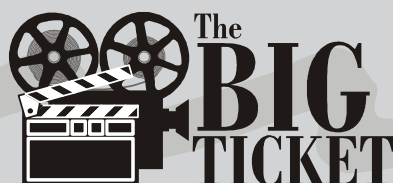
Shoppette: 9 a.m.-11 p.m. Mon.-Sat.; 10 a.m.-8 p.m. Sun.

Skills development center: noon-8 p.m. Tue.-Thu.; 10 a.m.-6 p.m. Fri., Sat.

Thrift shop: 12:30-4:30 p.m. Mon. & Wed.; 10 a.m.-2 p.m. Fri & 3rd Sat. of the month.

Vet clinic: 9 a.m.-3 p.m. Mon.-Fri.; 1-7 p.m. 1st, 3rd Wed.

Youth & teen center: 3-6 p.m. Mon.-Sat.; 8 p.m.-midnight Fri., Sat.



Friday: 7 p.m., "The Upside of Anger," rated R (language, sexual situations, brief comic violence and some drug use), 118 minutes. Cast includes Joan Allen and Kevin Costner. Terry is left to raise her four headstrong daughters when her husband unexpectedly disappears. Things get even more hectic when she falls for her neighbor Denny, a once-great baseball star turned radio D.J. This leaves her daughters out on a limb; they are forced to juggle their mom's romantic dilemmas as well as their own.

Saturday: 7 p.m., "Fever Pitch," rated PG-13 (crude and sexual humor and some sensuality), 107 mins. Cast includes Drew Barrymore and Jimmy Fallon. When Lindsey, a big time executive, meets funny and charming high school teacher Ben, they hit it off until Lindsey realizes Ben is a Red Sox fan. As baseball season proceeds, the truly obsessive nature of Ben's hobby is revealed, and a love triangle is set up in which baseball plays the role of the other woman. Lindsey's feelings for Ben are put to the test again and again as his love for the game threatens to outweigh his feelings for her.

Sunday: 2 p.m., "Fever Pitch;" 7 p.m., "The Upside of Anger."

Wednesday: 7 p.m., "Fever Pitch."

Thursday: 7 p.m., "The Upside of Anger."

AFN Sports

myafn.net

Friday

AFN-Sports

Outdoors: Babe Winkelman: Max-Gap Mississippi Walleye, 2:30 p.m.
Tennis: French Open - Men's Semifinals, 5 p.m.
PGA: The Memorial Tournament - Second Round, 8 p.m.

Saturday

AFN-Atlantic

MLB: St. Louis Cardinals @ Houston Astros, midnight
MLB: Los Angeles Angels of Anaheim @ Boston Red Sox, 5 p.m.
MLB: Cleveland Indians @ Chicago White Sox, 8 p.m.

AFN-Pacific

NASCAR: Craftsman Truck Series - MBNA RacePoints 200, 2 a.m.
NBA: Playoffs - Western Conference Finals Game 6, (if necessary) 4 p.m.
MLB: NY Yankees @ Minnesota Twins, 11 p.m.

AFN-Sports

NBA: Playoffs - Western Conference Finals Game 6 (if necessary), 1 a.m.
MLB: Teams TBD, 7 a.m.
Tennis: French Open - Women's Finals, 1 p.m.
Racing: Champ Car World Series, 5 p.m.

PGA: The Memorial Tournament - Third Round, 7 p.m.

Sunday

AFN-Atlantic

MLS: CD Chivas USA @ Chicago Fire, 11 a.m.
NFL Europe: Cologne Centurions @ Berlin Thunder, 5 p.m.
MLB: Chicago Cubs @ San Diego Padres, 8 p.m.
NBA: Playoffs - Western Conference Finals Game 7 (if necessary), midnight (Monday)

AFN-Pacific

NASCAR: Nextel Cup Series - MBNA RacePoints 400, 4:30 p.m.

AFN-Sports

NBA: Playoffs - Eastern Conference Finals Game 7 (if necessary), midnight
NASCAR: Busch Series: MBNA RacePoints 200, 7 a.m.
WNBA: Los Angeles Sparks @ Sacramento Monarchs, 11 a.m.
Tennis: French Open - Men's Finals, 1 p.m.
PGA: The Memorial Tournament - Final Round, 6 p.m.
NBA: Playoffs - Western Conference Finals Game 7 (if necessary), midnight (Monday)
MLB: San Francisco Giants @ NY Mets (if NBA Game 7 not necessary), midnight (Monday)

EVENTS

Advertising deadline is Friday one week prior to publication. E-mail announcements weekly in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to news@lajes.af.mil.

Bullfights

Saturday: 6:30 p.m., Praia beach, São Brás

Sunday: 6:30 p.m., Cinco Ribeiras

Closures/shifts

Last Day of School: The last day of school for the Lajes Elementary and Middle/High School has been changed to June 15.

MSS closure: The Mission Support Squadron will be closed from 10 a.m.-noon Wed. for the unit's Assumption of Command ceremony. This includes services in the Education Office, Family Support Center, Civilian Personnel Flight, Military Personnel Flight, Manpower Office and the American Red Cross.

Filing taxes: The Tax Office is now open by appointment only. For appointments or more information, call the legal office at 2-3546.

Base events

Adventure trips: Youth have a chance to win an Extreme Summer 4-H trip. Ages 10-15 can win a trip to Belgium July 10-17; ages 13-18 can win a trip to Garmisch, Ge., Aug. 11-15. Entry boxes are located at the Lajes Youth Center. Sign up by Wed. For more information, call Thomas Lamont at 2-3273.

Summer adventure camp: Camps for kindergartners, 1st grade-8 years old, and 9-12 year-olds run from 7 a.m.-5:30 p.m. June 20-Aug. 26. Sign up today. Activities include field trips, guest speakers, picnics, bowling, swimming and trips to the library. For more information, call 2-1197.

Pet show: The Army and Air Force Exchange Service is having a pet show from 10:30 a.m.-2 p.m. June 11 at the Ocean View exchange. Register pets at 10:30 a.m. for categories such as best hair, most obedient, most colorful, biggest/smallest cat/dog and many other categories.

Nine pins down: A 9-pin

no-tap bowling tournament is from 7-10 p.m. Saturday at the Hillside Lanes Bowling Center. Sign up at 6 p.m., cost is \$15 per person.

Meetings/classes

Support group: Looking for individuals who are interested in joining a pregnancy loss support group. With enough interest, this group will begin to meet. Call Maj. Jill O' Rear at 2-6371 if interested or for more information.

Learn the internet: Basic internet classes are from 10 a.m.-noon Tue. & Thu. in the family support center computer classroom. For more information, call 2-4138.

Tennis class: A Portuguese certified tennis instructor will teach tennis beginning Mon. Group classes are \$9 for 5-9 year-olds, \$14 for 10-14 year-olds, or \$20 for adults. Individual adult lessons are \$35 for 50 minutes. For more information or to make an appointment, call Tony Batista at 2-2426.

Education center

Scholarship: The Air Force Club Membership Scholarship Program is offering a combined total of \$25K in scholarship money to six individuals. Current Air Force Club Members and their family members are eligible to enter by submitting an essay of no more than 500 words on the topic "My Hero, and Why" to the services commander/division chief by July 15. For more information, visit Air Force Services website at: www.p.afsv.af.mil/clubs.

OU classes: Enroll now through Mon. for "Multicultural Issues in Human Relations," an elective course towards the Master's in HR degree with the University of Oklahoma. For more information, call Kalina Hill at 2-3171.

ERAU class: Embry-Riddle Aeronautical University is offering PSYC 320 Aviation Psychology on-site Mon.-June 19. For more information, contact Terra Schellig at 2-3375.

UMUC classes: Registration for University of Maryland

University College term 5 on-site and distance learning classes ends today. Call 2-4187 or stop by bldg. T-400, room 203, to sign up. Also, Math 107 will now be held from 6:45-9:45 p.m. Mon. & Wed.

Volunteer/jobs

High school bash: Volunteers are needed to help organize the Lajes High School End-of-Year bash 8 p.m. today to 8 a.m. Sat. If interested, call Lori McCoy at 2-4151 or e-mail lori.mccoy@eu.dodea.edu for more information.

Guarding kids: Lajes Elementary School is currently looking for volunteers willing to be crossing guards. Call 2-6216 or 2-3491.

Theater jobs: The Army and Air Force Exchange Service is accepting applications for an intermittent base theater projectionist and intermittent theater worker. For more information, visit the human resources office, bldg. T-800 or call 2-3634 or 2-3209.

Manager needed: University of Oklahoma seeks a full time Site Manager. Applicants must have a Bachelor's degree; 18 months retainability is preferred. For more information call Kalina Hill at 2-3171 or e-mail aplajes@ou.edu.

UMUC jobs: The University of Maryland University College is looking for instructors in all disciplines. Applicants must hold a Master's degree. For more information, call Kimberly Holzer at 2-4187 or e-mail kimberly.holzer@lajes.af.mil.

Help wanted: The medical clinic is currently in need of volunteers. Records filing and other positions are available. Anyone interested can register at the American Red Cross office in bldg. T-112 or call 295-57-3516.

WICO position: A nutritionist, dietician or nurse is needed for the WIC Overseas program. To e-mail resume or for more information, contact Elizabeth at edibiase@cmse.net or mail information to: Choctaw Management Services Enterprise, Attn. WIC Overseas, 2161 NW Military Hwy, Suite 308, San

Antonio, Texas 78213.

NAF jobs: The following positions are vacancies or anticipated vacancies within the 65th Services Squadron. To apply for any of these positions, visit the Human Resources office, bldg. T-112, between 9 a.m.-4 p.m. Mon.-Fri. Only military spouses, family members and off-duty military are eligible to apply. For more information, call 2-5200. Positions are: lifeguard, recreation aid, school age program assistant, cashier-checker.

Heir drop

Congratulations: Navy Lt. Jared Bickham, Resident Officer In Charge of Construction, and his wife Michelle are the proud parents of a new baby boy, Braden G. Bickham, 8 lbs., 10oz. and 20 in., born May 24.



Classified

Submit ads via e-mail to news@lajes.af.mil. Ads are due by 5 p.m. Friday.

Car for sale: 1997 Ford Fiesta, 2-seater, diesel, 2,000 euros. Call Sonia Costa at 916-522-383.

For sale: 1989 Renault 9T. Reliable island car, inspection good through Oct. 05, \$900. Call 295-515-767.

For sale: 2001 green Ford Escape. V6, pwr everything, ac, am/fm/cd stereo, new tires, new brakes & rotors, great condition. 58K miles, one owner before I bought in Sept. \$10,000-available July 5. Call 295-515-767.

Wanted to buy: Used video games and accessories for Game Cube, Nintendo 64, Play Station One, Sega Genesis, Portuguese Play Station. Call 965-480-769.

For sale: 2000 Mitsubishi Eclipse GT. 68,000 miles, V6, 5-speed, power everything, in dash 4 disc changer, 7 speaker infinity sound system, leather, sliding sun roof. Excellent condition. Blue Book \$11,800. Sell for \$10,400. Call Chris at 967-728-856.

For sale: KDS 19-inch computer monitor, good condition. \$80. Call 295-515-767.

For Sale: 2003 Mazda 6, like new, 8,500 miles, has sports package and ground effects, car cover and cargo net included, \$20,500. Call 295-549-566 after 5pm.

For Sale: 2002 Mazda Tribute LX, 21,300 miles great SUV and family vehicle, \$14,000. Call 295-549-566 after 5pm.